

YOUR PERSONAL BOD SQUAD

Our tastemakers balked at selecting only three favorite beauty services, so we agreed to include some additional picks (a number of which have previously been featured in Style).

— Janna Mandell

FACIALS

Kristina Holey, famous on both coasts for her science-meets-nature approach. \$275 for 90 minutes. Kristina Holey Treatment Center, 864 Post St. To book: kristina@kristinaholey.com or (917) 705-0706.

Angelina Umansky, fourth-generation aesthetician and owner of Spa Radiance, is known for being the best skin problem solver in the Bay Area. \$125 and up. Spa Radiance, 3011 Fillmore St. www.sparadiance.com or (415) 346-6281.

Gunilla Eisenberg, uses her own handmade products and bestows valuable knowledge to make her facials a “can’t miss.” \$140 and up. Gunilla Skin Butik, 2165-A Union St. http://gunillaskinalchemy.com or (415) 931-7318.

Melanie Traub, known as the best aesthetician in Marin for her nourishing facials and gentle touch. \$115 and up. Bellasante, 89 Center Blvd., San Anselmo. www.bellasantemarin.com or (415) 497-2223.



Skincare pioneer **Kristina Holey** works on beauty blogger Melissa Lanman at her San Francisco spa.

EYEBROWS

Michele Holmes, the “brow whisperer,” delivers natural feathered realness to Bay Area brows in need. \$150 and up for house calls in S.F. www.mhbrows.com or (415) 516-5505.

EYELASH EXTENSIONS

Jocelyn Sisco, an artist when it comes to natural-looking Bambi lashes, teaches her craft to some of the top spas in S.F. \$250 and up for new set. Rolling Hills Country Club, 351 San Andreas Drive, Novato. To book, text or call: (415) 596-1621.

HAIR

Connie McGrath, owner of Veer & Wander, is known for her ultra-flattering cuts and lush color. \$85 and up. Veer & Wander, 6 Brady St. www.veerandwander.com or (415) 864-3012.

Fernando Perez, at diPietro Todd in Palo Alto, knows how to keep crazy curls in check with the right layers that fall exactly right. \$95 and up. diPietro Todd, 2307 Birch St., Palo Alto. http://www.dipietro todd.com or (650) 328-4545.

Bradley Crane at Shapes Studio is famed for his strategic cuts on both long and short hair as much as for his blow-out lessons. \$85 and up for women's cut; \$85 for individual blowout lesson. Shapes Studio, 391 Sutter St., No. 608. www.bradleycranehair.com or (415) 362-5005.



Sarah Rice / Special to The Chronicle 2015

Hair stylist Bradley Crane gives a blowdry tutorial to Lisa McNabb at Ayla in San Francisco.

NAILS

Harmony Beauty Bar ensures that everything from the hand sanitizer and massage cream to the nail polish and ice cream is nontoxic. Bonus: Pedicure saunas replace the usual water bowls. \$45 for Manicure/ Pedicure Combo. Harmony Beauty Bar, 730 San Anselmo Ave., San Anselmo. (415) 524-8866.

BODY TREATMENTS

Red Rose Treatment at Spa Radiance. This decadent treatment includes a rose-infused body polish, steam tent session (read: no claustrophobic wraps) and 60-minute rose oil massage. \$250 for 120 minutes. Spa Radiance, 3011 Fillmore St. www.sparadiance.com or (415) 346-6281.

Nicole Momsen at Evo Spa. As soon as the petite but powerful massage therapist puts her healing hands on you, she knows how to knead your muscles into submission. \$110 and up. Evo Spa, 800 Redwood Hwy., Suite 216, Mill Valley. www.evo-spa.com or (415) 383-3223.

Elizabeth Shelhart. Specializing in pre- and post-natal massage, Shelhart uses various techniques and her background as a doula to ensure her clients leave loose and relaxed. \$90 for 60 minutes. Offices in San Anselmo and Novato. To book: (415) 706-3705 or eshelhart@gmail.com.



Lance Skundrich 2014

The retail area of Spa Radiance, which was redesigned in 2014 by Jay Jeffers.

STAFF

Style Editor
Laura Compton

Contributing Editor
Bernadette Fay

Staff Writers
Tony Bravo
Carolyne Zinko

Design Director
Elizabeth Burr

Designer
Christopher T. Fong

Photo Editor
Russell Yip

Advertising
Kathy Castle
Account Executive
kcastle@sfchronicle.com

Follow us
On Twitter, Instagram:
@SFChronicle_Style

Contact us
901 Mission St.
San Francisco, CA
94103

E-mail us
style@sfchronicle.com



ON THE COVER

In bloom: There's never been a better time to be a Bay Area beauty brand. **Pages 6-10**

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